



## How much is enough?

The more we make, the more we spend. That's not a problem, though it's a symptom of a problem. The real problem is found in our priorities inside our relationship with God and our attitudes about money, such as knowing the difference between our needs, wants and desires. I may need a car, but a Tesla or a Chevy will both get me where I'm going. In Philippians 2:3, the Apostle Paul says we're to do nothing from selfish ambition or vain conceit, having humility to see others as more significant than ourselves. So how much do you need and what does God want you to do to bless others? Not only are we to save our money and spend it wisely, it's also important to develop an attitude of generosity and gratitude.

Grant Sabatier of Millennial Money says we need a mirror:

- What kind of life do I want to live?
- What do I really love?
- What is my mission?
- What does the perfect day look like?
- What truly makes me happy?
- What do I want to be my legacy?

Then he says we need to come up with a number:

- How much do I need to live the life I want to live?
- How much do I need to take care of my family's basic needs?
- How much money do I need to maximize my happiness?
- What is the minimum amount of money I need each month to live the life I want?
- How much money do I need to help others?

The intersection of meeting your own needs and generosity towards others is knowing how much is enough.

Rob West with Steve Moore, MoneyWise Radio, 2018,  
<https://compass1.org/how-much-is-enough/>

GRANT SABATIER, "How Much Money is Enough?", Millennial Money, July 9, 2020,  
<https://millennialmoney.com/how-much-money-is-enough/>